

North Metro GNETS Newsletter



September 2021

Director's Corner

Monthly North Metro GNETS Eggs and Issues Updates

Team North Metro GNETS,

We've learned a lot over the past few years about the importance of building solid professional relationships with our students, parents, colleagues, and stakeholders in both a face to face and in a virtual environment. This is not new news to us because TKES TAPS Standard 10: Communication and LKES LAPS Standard 7: Professional and Communication are professional standards and expectations that we've practiced for years now. However, in this digital age we've had to expand our modes of effective communication to meet the needs of our audience. Therefore, this month I want to share Five Keys to Effectively Communicate with our students, families, and co-workers so all of our stakeholders feel supported and heard.

Keys:

1. Call or text when you can. Emails don't necessarily help create positive relationships.
2. Reach out early, often, and for positive reasons.
3. Make your communication personal. Refer to the person by name.
4. Engage your recipient. Ask them a question, their opinion, or for their input as appropriate.
5. Silence is not golden when trying to build positive relationships. If you have not heard back from your recipient, reach out to them in a few days with something positive to see if they are okay since you have not heard back from them, but be sincere.

Remember, effective and timely communication helps you build positive and professional relationships.

Sincerely,

Cassandra Allen Holi-field, PhD, RBT

Director, North Metro GNETS

<https://nmgnets.org/>

<https://twitter.com/nmgnets?lang=en>



September 2021:

- Complete all Compliance Review Modules & IEP Modules prior to September 30, 2021
- Complete all TKES, LKES, & Contributing Staff Orientations, Performance Goal Settings, & Conferences prior to September 15, 2021
- Site Coordinators – Complete all PQ/ESSA Staff Notebooks (Educator's Name, Certification, 1st Semester Schedules, PQ/ESSA Remediation Plans, and 20-Day Notification Letters to Parents as necessary. Due Date: September 30, 2021
- Enter all August DOW data prior to September 30, 2021
- Review and complete all Year-At-A Glance Tasks per Job Title prior to September 30, 2021
- District Team and Therapeutic Staff provide monthly TIC and RP PD to all staff and paras prior to September 30, 2021
- Complete all NM GNETS Leadership Paperwork Guide tasks prior to September 30, 2021
- Complete all student packets due this month
- PBIS Assessments OPEN:

SAS and TFI completion due date is September 24, 2021

Trauma Informed Care Update



We will begin understanding Adverse Childhood Experiences this month.

Key Learnings:

- ❖ The three major categories of ACEs: Abuse, Neglect, Household Dysfunction
- ❖ ACEs are extremely common and disrupt neurodevelopment

This year paras will receive their own trainings. This month will cover Personal and Professional Boundaries.

Key Learnings:

- ❖ Four important boundaries
- ❖ Benefits of good boundaries
- ❖ How crossing boundary lines can lead to trouble
- ❖ What you can do to stay within boundaries

Curriculum, Instruction, and Compliance Reminders:

Welcome to September! i-Ready diagnostic is open until September 10th. Please ensure that you are monitoring students' progress as they take and complete the diagnostics. Data binders will be checked by September 7th. Please ensure data binders are set up and data is being collected on all IEP goals and objectives as required. All objectives should be entered into Catalyst for all students on GAA. Please ensure that Catalyst data is being collected and entered into the data binder. i-Ready and Edgenuity trainings have been sent to the site coordinators and lead teachers.

Curriculum, Instruction, and Compliance Tip of the Month: 37 Amazing Sources for Free Teacher Resources

<https://www.weareteachers.com/free-teacher-resources/>

Behavior Specialist Coordinators

We're 1 month strong! Starting the 2021-2022 School Year right!

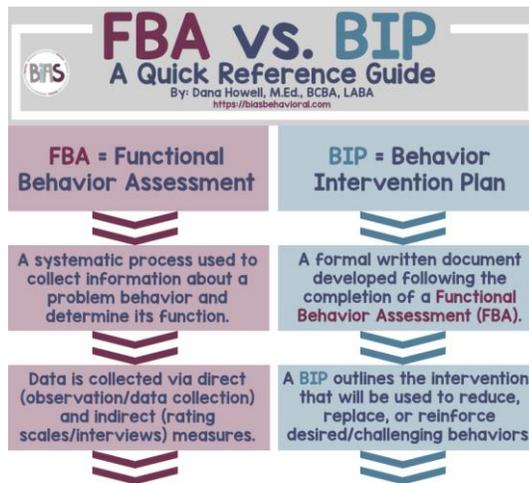


- **Self-Care September**

- **September is National Self-Care Awareness Month.** While there is no single definition of self-care, it is often described as performing a series of actions to improve your physical, mental, and emotional well-being. Practicing self-care promotes a healthy relationship with yourself to benefit from your physical, mental, and emotional health. When you are unable to care for yourself, it is nearly impossible to care for others.
- **Self-Care Tip of the month**
 - ***Practice being good to yourself!***
 - The kindness we show towards ourselves will manifest into a kinder world for yourself and others as well as develop significantly lower unhealthy amounts of stress.

- **FBA/BIPs**

- At the start of the year, if you have students who will need a new FBA/BIP, you can begin collecting baseline data while a PCE is being completed.
- Be sure you are training your staff on how to collect ABC data as a lot of students will need a new FBA/BIP at the start of the school year.
- Be sure FBA/BIPs are being written as a team. Remember, we are a multidisciplinary team.
- Make sure BIP walkthroughs are still being completed as a part of the student packet.
- Make sure scored FBA/BIPs are acted upon. If feedback is given on an FBA/BIP, please redo the FBA/BIP or have corrected items ready to be proposed in student's meeting.



- ***FBA/BIP Team Meeting***

- Make sure you are completing your FBA/BIP team meeting as 1 is required every quarter.
 - This allows you to look at 10 students at a time and plan until the following quarter.
 - Include your behavior specialist in this meeting.



- **Behavior Management**

- **MindSet**

- **Keys to Success**

- A comprehensive and clear policy and procedures
- Restraint is the intervention of last resort
- All Staff trained in de-escalation techniques
- Adequate and well-prepared staff
- Involvement of all stakeholders
- A system of data collection and analysis
- Strategies for organizational change
- Performance measurement systems
- Emphasis on the staff and the individual's strengths
- Cultural humility
- Effective debriefing
- An environment that prioritizes dignity



- **Restorative Practices**

- ***5 ideas to help you bring Restorative Practices into your classroom:***

- **Mindfulness**

- Mindfulness practice involves sitting quietly for a few minutes and focusing on your breath.

- **Restorative Circles**

- During circle time, participants sit in the circle to discuss group issues or reflect on their feelings.

- **Affective Statements**

- Affective statements, or feelings statements, are personal expressions of feelings as a response to someone else's actions.

- **Collaborative Class Agreements**

- Instead of making your classroom rules before the students get to your classroom in the fall, consider making your rules together as a class.

- **Problem-Solving Anchor Chart**

- Brainstorm scenarios with students that require teacher help and scenarios that students can try to problem-solve independently.

- **LSCI**

- ***The goal of LSCI is that, through certification in LSCI, adults learn what to do when a youth:***
 - Acts out in stress toward unsuspecting helpers, sparking explosive and endless power struggles.
 - Makes poor decisions based on distorted thought patterns and perceptual errors.
 - Has the right intentions and motivation but lacks the social skills to be successful.
 - Is purposefully aggressive and exploitive with little conscience.
 - Acts in self-damaging ways due to being burdened with shame and inadequacy.
 - Becomes entangled in destructive peer relationships and is vulnerable to manipulation.

Positive Behavior Intervention and Supports



PBIS Goals at North Metro GNETS

Our goals for the 2021-2022 school year are to strengthen the partnerships of our community, families, and students. Infusing being Respectful, Responsible and a Role Model will allow us to get closer to our motto and raise the bar of excellence for our Future Leaders.

Remember the Self-Assessment Survey and the Tiered Fidelity Checklist is open for staff completion! Both assessments must be completed no later than September 24, 2021.

Remember to maintain a Positive Mindset 😊

<u>Negative Self-Talk</u>	<u>Positive Self-Talk</u>
I've never done it before/ I don't know how to do it.	It's a chance to learn something new/I can learn.
It's too complicated/hard/ I'll mess it up.	I can figure it out/I've overcome tougher challenges
Other people can do it better/Someone else should do it.	I look for the bright side of things/I deserve to win/I'm always improving.
I don't have the time/resources/experience.	I am resourceful/others will help me.
It won't work.	I'll come up with an answer.
I tried before and didn't succeed/ It looks stressful.	I enjoy adapting and growing with change.
I'm not good enough.	I trust myself to succeed.

Special Announcements & KUDOS!

Shout Out to North Metro GNETS Oglethorpe for their Grand Opening of their Student Ran

“Oglethorpe’s Signature Design and Spa” Way To Go Wildcats!

Student Employees
P.C. - Shampoo Assistant
D.W. - Barber/Maintenance
C.W. - Stylist

Special Thanks
Ms. Redding
Ms. Ellis
Dr. Hunter
Ms. Scurry
Ms. Bellamy
North Metro Staff



*Oglethorpe's Signature Design
Salon & Spa*
Ribbon Cutting/Grand Opening
Celebration
601 Beckwith Street
Atlanta, GA 30314
Suite 1175
August 27, 2021
9:00-10:00

Salon/Career Center Kick Off Celebration
Part I: 9:00-9:50

Welcome *Dr. Hunter*

Ribbon Cutting *Signature Design Salon & Spa Employees*

"The elementary, middle & middle school students will serve as audience members."

Salon Group Picture *Mrs. Scurry*

Salon Walk-Thru *All Classes*

Class Tour Schedule

0915 - 0920 - Shealey
0920 - 0925 - Bellamy
0925 - 0930 - Butler
0930 - 0935 - Hunt
0935 - 0940 - Hicks
0940 - 0945 - Cummings
0945 - 0950 - Gregory

Salon Grand Opening Ceremony Part II: 9:50-10:30

Salon Employee Recognition
Community Recognition
Staff Recognition
Salon Employee Group Picture

*****Luncheon*****



MINDFULNESS MEDITATION ACTIVITIES OF THE MONTH...



<https://www.teacherspayteachers.com/Store/Wholehearted-School-Counseling>

