

North Metro GNETS Newsletter



January 2022

Director's Corner

Monthly North Metro GNETS Eggs and Issues Updates

Team North Metro GNETS,

Happy New Year! This month I'd like to share some important information on Job Shadowing. Job shadowing is a form of career education in which an individual enters a workplace to observe an employee to gain a real-world understanding of a specific career. The observer witnesses day-to-day duties, workplace conditions, necessary skills and other career details they cannot get from a job description. Job shadowing provides a valuable perspective that can confirm career interests, break down job misconceptions and empower individuals to engage in a career path. Virtual job shadowing is a powerful way for career explorers to receive many of the same benefits as traditional job shadowing only experiencing the job shadow via powerful online engagement instead of live interaction. This is an excellent opportunity for our North Metro GNETS students to access more work and career related opportunities I'm excited to share that the Georgia Vocational Rehabilitation Agency and Georgia Department of Education Division of Special Education Services and Support Transition Unit have opened up a new opportunity for lead teachers, transition specialists, and/or special education coordinators working with special education students in 9th grade to participate. Please contact me if you're interested in helping me take North Metro GNETS to a new level of excellence by getting this training and supporting our students. To learn more please visit:

<https://www.virtualjobshadow.com/>

Cassandra Allen Holifield, PhD, RBT

Director, North Metro GNETS

<https://nmgnets.org/>

<https://twitter.com/nmgnets?lang=en>



January 2022:

- Enter all December DOW data prior to January 30 2022
- Complete all Trauma Informed Care & Restorative Practices assignments prior to January 17, 2022 (EXTENDED DEADLINE)
- Complete all NM GNETS Leadership Paperwork Guide tasks prior to January 30, 2022
- Complete all student packets due this month
- Complete all TKES, LKES, & Contributing Staff Formative Evaluations before January 30, 2022 (Paper/Pencil if you still do not have access to the TLSD Platform)

Upcoming:

- NM GNETS Administrators Mid-Year GNETS Strategic Plan Rating Rubric & TIC Rubric January 19, 2022
- Complete all TKES, LKES, & Contributing Staff Walkthroughs, & Formative Assessment by January 31, 2022 (EXTENDED)
- Department of Justice NM GNETS Site Visit – March 2022 (Tentative Exact Dates TBD)

Trauma Informed Care Update



Items to include in your FBA/BIPs for students with a history of Adverse Childhood Experiences (ACEs):	
1	Past & Current Stressors
2	Known ACEs
3	Specific Trauma Impacts
4	Resilience
5	Ways student currently regulates
*Pulled from Behavior Support Plan Success Guide provided by 321 Insight – see guide for more information on each	

Curriculum, Instruction, and Compliance Reminders:

Welcome to December! The Mid-Year diagnostic window has opened. Students have through February 1st to complete the assessment. Please monitor this process, and alert your CIBC if a student needs a retest. The 5th Data Binder Check should be completed by February 4th. Please ensure data binders are set up and data is being collected on all IEP goals and objectives as required. All objectives should be entered into Catalyst for all students on GAA. Please ensure that Catalyst data is being collected and entered into the data binder. Please make sure you are receiving, checking, and responding to any Smart Sheets emails regarding the IEP process. All draft IEP's should be completed and checked prior to sending them home to parents. All parents should receive a draft IEP 1 week prior to the scheduled IEP meeting.

Curriculum, Instruction, and Compliance Tip of the Month: Countdown to Success – Fun activities for each month.

<https://www.ed.gov/parents/countdown-success>

Behavior Specialist Coordinators



Someone said “January is the Monday of Months”, but it doesn’t have to be...

- **Jaunty January**

jaun·ty

/ˈjɒn(t)ē/

adjective

having or expressing a lively, cheerful, and self-confident manner

- Given the current state of affairs, reports of rising employee distress are no surprise. Usually, the holidays are a time of increased social activity with friends and family. This year, we're faced with restrictions and guidelines that are tempering our joy. Given the rampant sense of disappointment that's growing deeper by the day, we decided we could use a little workplace motivation to get us over the holiday hump.
- So take a five-minute break from your to-do list, grab a cup of coffee and discover four ways to reign victorious during these extended periods of isolation, during the holiday season and beyond.

Take Advantage Of Employer Resources

Counseling services can help you learn how to cope with feelings of depression or anxiety that may feel seeping in.

Schedule A Self-Care Day

A self-care day every once in a while can recharge your batteries and even make you more productive once you return to work.

Debrief

Use weekly sessions as a safe place to raise frustrations. Also, these sessions become more important as employees begin entering what researchers call the "third-quarter phenomenon"

Make Time For Frivolous Fun

As important as work is, "play" time is just as important. Activities done for pure enjoyment and relaxation are crucial to staying positive and avoiding burnout.

• **Student Packet Time Line**

	Leadership	Case manager
Week 8	Complete the FBA BIP adequacy rubric and other FBA questions, triangulation checklist, and develop an action plan as needed.	
Week 7-6	<p>- If the team determines to keep the current FBA BIP, conduct the NM GNETS BIP Implementation Fidelity Walkthrough and develop an action plan as needed.</p> <p>- If the team determines a new FBA BIP is needed, begin the process</p>	<p>-Continue to implement the FBA BIP with fidelity.</p> <p>-Take data and use team approach to redo the FBA BIP</p>
Week 2	<p>-Complete the NM GNETS IEP preparation checklist and provide feedback as needed. Repeat the process until a score of 100% is obtained.</p> <p>-Complete the Reintegration Plan once IEP Goals are drafted</p>	Complete a draft IEP and revise the draft as needed and complete reintegration checklist
Prior to an IEP meeting	Ensure all the items in the Student Packet are completed and meet the mastery criteria. Report the results to the DOW	Ensure all the items in the Student Packet are completed and meet the mastery criteria.

• **MindSet and LSCI**



MINDSET
Tenets **M**

Punitive measures are not appropriate when dealing with aggressive behavior.

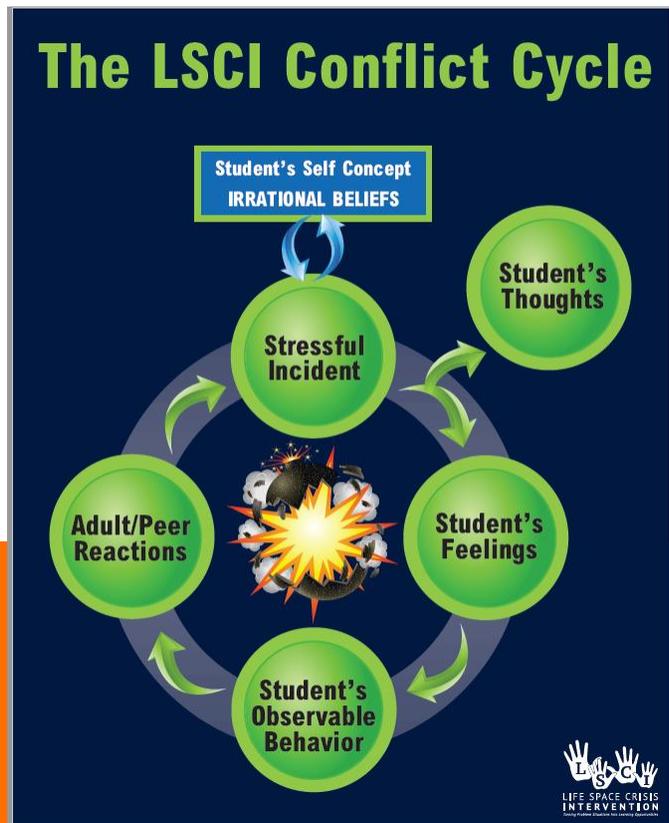
Emphasize everyone's strengths to maximize a safe environment.

A crisis situation is a learning opportunity.

Consistency is essential.

Empowerment fosters learning and trust.

www.mindsetinstructortraining.com



PBIS at North Metro GNETS



Happy 2022 North Metro GNETS staff and students!! Hopefully everyone had a great holiday break. Now it is time to get back into the swing of things and remember all the positivity we created in the beginning to finish this academic year strong!! Three ways to continue the PBIS progress are:

Re-energize our PBIS teams- Your PBIS teams are the glue that holds it all together. Remember to maintain enthusiasm by recognizing all the positive changes that have been seen throughout this year utilizing PBIS. Review the data and student progress to see if any tweaks or changes need to be made.

Re-engage staff- We have been on a long break, so routines may have been forgotten. Let's get our teams back on track to finish the year out strong! All districts have done such a great job this year with PBIS meetings rewards, data collection and celebrations, let's stay on the right track and continue to soar. Remember to review the matrix to continue to make positive changes. Please continue to encourage and incentivize your staff to show appreciation and renew their enthusiasm for PBIS.

Remind our students- As we all know, it can be difficult for our students (especially since of our students came back virtually). The first days may be challenging. Please remind and if necessary reteach behavior expectations.

Special Announcements & KUDOS!

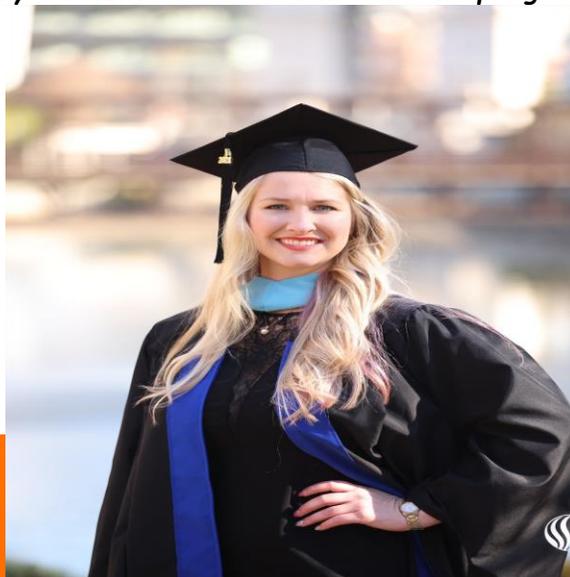
KUDOS TO OUR TRAMA INFORMED CARET TEAM AT THE BRIDGE!!!!

The BRIDGE is rocking and rolling training all of their staff on Trauma Informed Care using 321 Insights. Keep Rocking It Out BRIDGE!



CONGRATULATIONS TO BETHANY MCLURE!

Bethany just graduated from Georgia State University with a MED in Special Education with an ABA Concentration. Bethany will take her BCBA exam in the Spring! YOU ROCK BETHANY!!!



TRAUMA INFORMED CARE ACTIVITY OF THE MONTH....

January is a month in which we celebrate new beginnings and endings. This month practice self-care by creating a morning/evening routine for yourself that brings you joy.

