

North Metro GNETS Newsletter



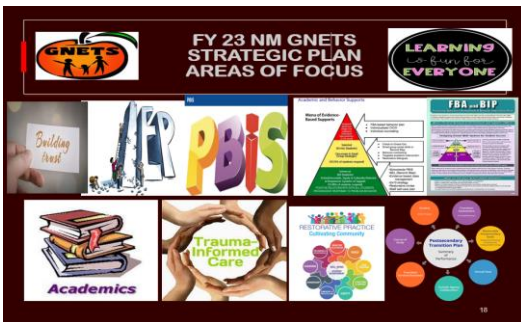
August 2022

Director's Corner

Monthly North Metro GNETS Eggs and Issues Updates

Team North Metro GNETS,

Welcome Back to School! It's hard to believe that our summer is over and we're entering into the 2022 – 2023 school year. I hope you all had a restful summer and you're ready to make this school year the best one ever. As we begin this new school year, we'll experience both challenges and opportunities. The difference between the two is perspective. When we adjust our mindsets to view challenges as opportunities instead, we become problem solvers which sets us up for success. I challenge each of you this school year to continue to be great. Believe in yourself and chose happiness. Make learning fun. Establish trusting relationships with your students and co-workers. Be honest, but communicate with kindness and respect. Practice giving every student on your caseload 5 positives to 1 one negative feeling or interaction. Have high expectations and operate with integrity. Love yourself and practice self-care. Be thankful and remember your cup is always half full rather than half empty. Last, keep our students first place. They are are primary customers. This does not mean forget about yourself nor your needs, but it's important for you to to establish a healthy work life balance and practice joy. Our FY 23 North Metro GNETS areas of focus are listed below in the graphic. We're leveling up in this 2022 – 2023 school year. We've got this. Teamwork makes the dreamwork. Welcoem back to school!



Cassandra Allen Holifield, PhD, RBT

Director, North Metro GNETS

<https://nmgnets.org/>

<https://twitter.com/nmgnets?lang=en>



August 2022:

- Complete NM GNETS Beginning of the Year (BOY) Orientation by September 30, 2022
- Review the FY 23 North Metro GNETS Handbook, Guidance Handbook, Beginning of the Year Paperwork Guides, Cheat Sheet, and the sign off sheet by August 30, 2022
- Complete all TKES, LKES, & Contributing Staff Orientations, Professional Goal Setting, & Conferences in the SLDS Platform by August 30, 2022
- Begin and complete all NM GNETS Compliance Modules by or before September 30, 2022
- Read all students' IEPs, FBAs, BIPs, and accommodations prior to students' 1st day of school
- Enter all August DOW data prior to August 30, 2022
- Complete all student packets due this month

Upcoming:

- TBD

Trauma Informed Care Update



- We will be rolling out our revised program for Trauma Informed Care with 321insight
- We will send out the revised pacing guides for teachers and paras soon
- Training will occur during monthly staff meetings
- Account login information coming soon

Curriculum, Instruction, and Compliance Coordinator Updates:

Welcome to August! The beginning of the year i-Ready Diagnostic window will open August 10th. Please ensure that students have been prepared with appropriate instructions and accommodations before having them begin their diagnostics. Set up and update all data binders for all IEP goals and objectives for each student. All IEP objectives should be entered into Catalyst for all students on GAA. Please make sure you are receiving, checking, and responding to any Smart Sheets emails regarding the IEP process. All draft IEP's should be completed and checked prior to sending them home to parents. All parents should receive a draft IEP 1 week prior to the scheduled IEP meeting.

Curriculum, Instruction, and Compliance Tip of the Month: 50 Back to School Tips for Teachers

<https://www.signupgenius.com/school/teacher-tips.cfm#:~:text=Give%20your%20space%20personality%20as,thought%20out%20and%20organized%20plan.>

Reintegration Planning, Transition, & Virtual Job Shadow Updates/Reminders:

Look out 22-23 School Year!

Transition and Reintegration Planning will NEVER be the SAME!

The GNETS Program will be implementing *Virtual Job Shadowing*, a new online Career Exploration platform that provides students with access to different career options. Career exploration is the process of discovery and research needed to understand the world of career options, usually guided by career exploration curriculum and online tools.

Job shadowing is a form of career education in which an individual enters a workplace to observe an employee to gain a real-world understanding of a specific career. The observer witnesses day-to-day duties, workplace conditions, necessary skills and other career details they cannot get from a job description. Job shadowing provides a valuable perspective that can confirm career interests, break down job misconceptions and empower individuals to engage in a career path.

Do you know. . .

- Why should students have a well developed transition plan?
- How often should a transition plan be developed?
- Who is responsible for creating and implementing a student's transition plan?

Guiding Questions for students when developing a transition plan:

Grade 7: What does "career" mean to me?

Grade 8: What are my strengths and skills? What subjects interest me?

Grade 9: What types of job are out there for me?

Grade 10: What are my options when I leave school?

Grade 11: What can I do to achieve my career goals?

Behavior Specialist Coordinators Updates:



Welcome back to School

Tips for setting up a Trauma Informed Classroom

- Post and follow a regular schedule
- Designate specific areas for specific activities
- Use visuals
- Develop and implement procedures for each classroom activity
- Write out routines and procedures
- Be consistent



• Behavior De-escalation

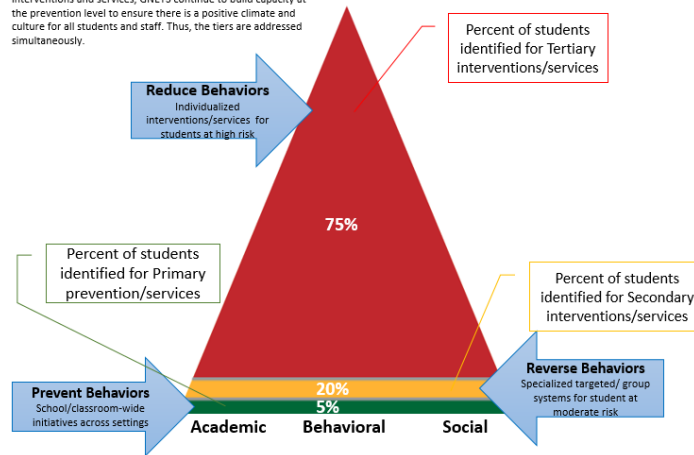
- Avoid those power Struggles – 7 ways to avoid power struggles!
 1. **Pivot** – saying yes instead of no and mean the something. Rephrase by:
 - So instead of saying: “No, we can’t go to the gym until after you complete your math assignment,” pivot and say: “Yes, we can go to the gym as soon as you’re done with your assignment.”
 2. **Reframe** – reword the ways in which you present things. Be engaging and positive!
 3. **Share your power** – the most skillfull teachers shair their power with their students, thus providing their students with their own autonomy
 4. **Let them make mistakes** (within reason) – provide students with the opportunities to learn how to do better and practice new skills
 5. **Give a reason** – “because I said so” is not a reason! Reiterate expectations, rules, and reminders of reinforcers
 6. **Respect their reality** – let them feel their feelings and validate their perspective and experiences
 7. **Empathize** – show respect and understanding of ther feelings



PBIS at North Metro GNETS

GNETS Three Tiered Model for Interventions & Service Delivery Based on Academic Diagnostics & SDQ Universal Screening Data

Although a large population of students requires intensive interventions and services, GNETS continue to build capacity at the prevention level to ensure there is a positive climate and culture for all students and staff. Thus, the tiers are addressed simultaneously.




NM GNETS PBIS Mission Statement


The purpose of PBIS at NM GNETS is to provide a clear system of support for all expected behavior through working together to create and maintain a productive, safe environment with the goal of increasing student academic performance, increasing access to the general education environment, increasing safety, decreasing problem behavior, and establishing a positive school climate.

Please remember the Tiered Fidelity Inventory will open in August. 😊


NORTH METRO GNETS: MONTHLY MOTIVATION CORNER



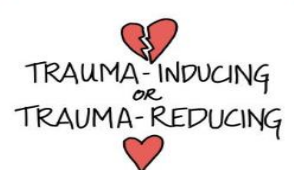
A SPARKLE OR
A LIGHTBULB ONE




HELPFUL &
HEALING OR
HARMFUL



EXPANDING
OR
RESTRICTING




TRAUMA-INDUCING
OR
TRAUMA-REDUCING




A
TURN
AROUND
ONE


**EVERY MOMENT &
INTERACTION CAN BE
AN INTERVENTION**




A
SEED
PLANTED




AN
OPEN
OR
CLOSED
DOOR



A
SNAKE
OR A
LADDER



A RIPPLE
OR
A TIDE



ENRICHING
OR
CONSTRICTING

DR. KAREN TREISMAN SAFE HANDS AND THINKING FINGERS

#NIMHSTCORG

Special Announcements & KUDOS!

**ALL NORTH METRO GNETS STAFF ARE OUR SUPERHEROS...YOU TRULY ROCK!
WELCOME BACK TO SCHOOL!**

